



MAINE'S FIRST NURSE PRACTITIONER RESIDENCY PROGRAM



From New NP to Skilled Primary Care Provider

The PCHC Nurse Practitioner (NP) Residency Program, funded by a grant from the Health Resources and Services Administration (HRSA), was established in September 2011 to support the transition from new NP to skilled Primary Care Provider.

Set at Penobscot Community Health Care, Maine's largest and most comprehensive community health center system, residents will work with a broad patient base - head to toe, pediatrics to geriatrics.

The purpose of the PCHC NP Residency Program is to provide residents clinical experience in an integrated primary care environment. Residents will receive an intense clinical training that is necessary to serve as primary care providers in the complex setting of the country's Federally Qualified Health Centers (FQHCs). Residents will also work to improve their clinical skills, confidence, and productivity using state-of-the-art technology in a patient-centered practice setting.

The one-year program will provide residents a depth of complexity in patient care and clinical experience. As the greater Bangor region's safety net provider, PCHC sees a population of patients that are uninsured, underinsured, and homeless patients. Residents will learn how social factors such as mental illness, substance, poverty, and rurality impacts patient health outcomes.

As a new NP, the PCHC NP Residency Program will enhance your preparation to meet the challenge of primary care.



Our Mission:

To provide access to patient-centered, high-quality, comprehensive, integrated health care services regardless of ability to pay.



PROGRAM GOALS:

The PCHC Nurse Practitioner (NP) Residency Program will enhance your preparation to meet the challenge of primary care. The broad purpose of an NP Residency is to support the transition from new NP to competent Primary Care Provider.

By providing a residency model for new graduates, this is a way to support, educate and socialize into the new professional role of Primary Care Provider. Your training will address:

- Role transition
- Clinical knowledge and skill application
- Patients with multiple problems and treatment needs
- Patient interactions
- Electronic Health Records and quality management
- Impact of the social environment on patient outcomes
- Provider self confidence
- Fiscal Responsibility and employer relations

The PCHC NP Residency Program also has the following goals:

- Increase access to quality primary care for underserved and special populations by training Nurse Practitioners in a FQHC-based residency program that prepares residents for care of complex, underserved populations across all life cycles and in multiple setting. This is accomplished in a supportive environment of seasoned PCPs.
- Provide new NPs with a depth, breadth, volume and intensity of clinical training necessary to serve as primary care providers in the setting of the country's Federally Qualified Health Centers (FQHCs)
- Increase the number of NPs ready to serve in leadership roles in community health settings.

PROGRAM STRUCTURE:

- One year, full time employment with benefits at PCHC
- Certified and credentialed member of PCHC Healthcare Team
- Involved in clinical committees
- Numerous opportunities for CME education sessions
- Elements of educational process
 - Didactic sessions once a week each for high volume/high risk problems
 - Precepted "continuity clinics" (five sessions per week/four hours per session); with expert PCHC NPs and physicians as preceptors
 - "Team clinics": assigned to a PCHC "Team" (two sessions per week)
 - Rotation through several specialty clinics both within PCHC and other offices/clinics in the local area. These will be two sessions per week.
 - Continuous training to PCHC model of high performance in a integrated, medical home system
 - Comprehensive evaluation process

QUALIFICATIONS:

- Recent graduate from Master or DNP program
- Licensed or be eligible to be licensed in Maine
- Complete application process and participate in interview (Skype or in person)
- ANCC or AANP Certification as FNP or ANP
- Able to be credentialed as a APRN by PCHC Credentialing Committee
- Have a commitment to practice as primary care provider in a safety net setting (FQHC, CHC, Homeless Healthcare, etc.)

HOW TO APPLY:

The following items are required to complete the application process for the PCHC Nurse Practitioner Residency Program:

- Letter of Introduction and Interest
- Curriculum vitae
- Official graduate school transcripts
- Photo ID Confirmation
- Three (3) letters of recommendation (one must be from faculty member of graduate program)

PROGRAM SPECIFICS:

There will be four (4) positions available in 2012. The deadline for submitting your completed (i.e., contains all required recommendations, letter of introduction and interest, CV, etc.) application is **April 1, 2012**. Only applications completed by April 1 will be considered for review by the Selection Committee.

Interviews take place in April and May. The Selection Committee is made up of program leaders, local providers and a mix of faculty and former residents. After the interview process, the residency director will maintain communication with each applicant to provide additional information and answer questions. Applicants will be notified of admission decision by May 31. The 2012 Nurse Practitioner Residency class begins on September 4, 2012.

For information or questions about the program, the application or the interviewing process, please call 207-945-5247 ext.352 or e-mail George Case, FNP, Residency Director at gcase@pchc.com

PCHC Nurse Practitioner Residency Program

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